

Roy Emzagros “FitFashion” 06/10/2019 De Zoerla Westerlo p.1

Pl. N°	Fit Model Women/Men	P.	Bifbb Gyms / Teams Ranking
1	81 Da Silva Camille Women	9	
1	4 Berlin Farid Men	9	

Pl. N°	Men’s Physique -21	P.	Bifbb Gyms / Teams Ranking
1	53 Victoor Dennis	3	No Limit Koekelare
2	50 Volcke Manu	7	Personal Health Plan Oostende
3	10 Van Doninck Florian	8	
4	12 De Schamheleire Bo	12	
5	7 Kesteloot Yannick	15	No Limit Koekelare

Pl. N°	Men’s Physique -23	P.	Bifbb Gyms / Teams Ranking
1	23 Heidbuchel Vito	3	Personal Health Plan Oostende

Men’s Physique Overall -21/-23: Victoor Denis (7votes) No Limit Koekelare

Pl. N°	Classic Physique -23	P.	Bifbb Gyms / Teams Ranking
1	15 Van Meensel Kenzo	3	
2	30 Ayubi Rostam	6	Bill Richardson Borgerhout
3	16 Najmidinov Muhammad	9	Do It Turnhout

Pl. N°	Classic Bodybuilding	P.	Bifbb Gyms / Teams Ranking
1	23 Laribi Sami	3	
2	21 Trussart Ludovik	6	
3	22 Impens Mario	9	

Pl. N°	Men’s Physique -172	P.	Bifbb Gyms / Teams Ranking
1	32 Doolaeghe Sander	3	No Limit Koekelare
2	31 De Decker Glen	6	Fitness Eeklo
3	35 Wynants Jef	9	Heracles Westerlo

Pl. N°	Men’s Physique -176	P.	Bifbb Gyms / Teams Ranking
1	40 Knockaert Kevin	4	Personal Health Plan Oostende
2	44 Van Looy Troy	5	Team Antonio
3	41 Rios Ivan	10	No Limit Koekelare
4	38 Vande Capelle Sem	11	
5	49 Claus Thibaut	16	Personal Health Plan Oostende
-	45 Wollaert Geoffrey	-	Fitness Eeklo
-	43 Quequin Bert	-	Fitness Eeklo



Roy Emzagros “FitFashion” 06/10/2019 De Zoerla Westerlo p.2

Pl. N°	Men’s Physique -179	P.	Bifbb Gyms / Teams Ranking
1	53 Victoor Denis	3	No Limit Koekelare
2	46 D’Haenen Kenny	6	No Limit Koekelare
3	50 Volcke Manu	10	Personal Health Plan Oostende
4	52 Berlin Farid	11	
5	48 Kong Lingxi	15	Team Henno
6	51 Yasser Keshra	18	

Pl. N°	Men’s Physique +179	P.	Bifbb Gyms / Teams Ranking
1	54 Stevens Stijn	3	Personal Health Plan Oostende
2	10 Van Doninck Florian	6	
3	12 De Schamheleire Bo	10	
4	25 Heidbuchel Vito	11	Personal Health Plan Oostende
5	13 Gillis Matti	15	Fitness Eeklo

Men’s Physique Overall: Victoor Denis (3 votes) No Limit Koekelare

Pl. N°	Muscular Physique	P.	Bifbb Gyms / Teams Ranking
1	70 Eze Bright	3	Personal Health Plan Oostende
2	34 Reth Kevin	6	
3	33 Bouchoua Brahim	9	IFBB France

Pl. N°	Bikini Fitness	P.	Bifbb Gyms / Teams Ranking
1	74 De Spiegeleer Dorine	3	Team Henno
2	66 Peeters Lesley	6	Heracles Westerlo
3	63 Decalut Ashley	9	Gym Mansion

Pl. N°	Bikini Fitness -23	P.	Bifbb Gyms / Teams Ranking
1	73 Adriaenssens Kelly	3	Team Antonio
2	74 De Spiegeleer Dorine	6	Team Henno
3	64 Givert Eva	9	IFBB Luxembourg

Special Guest Posers: King Izogie & Queen Ann De Meulenaere

Organized by: Roy Emzagros Co Organizer Heracles Westerlo & BIFBB
Mc & Head Judge: André Wouters Statistician: An Vinken,
Judges: Sigg Segers, Fabi Antoine, Ratchy Sornbutr, Patrick Alleman, Ronny Vermeulen,
Jos Desmet & Suzy Van Overloop Stage Coordinator: Roy Emzagros
Backstage: Thomas Thys, Victor Nastase & John Van Leeuwarden
BIFBB Press: Amir Ahmadi ABC Creative House, Rudy Versmessen & Jo Lammens.



Heracles Super Cup (Includes the National Champions/Inters) p.1

Pl. N° Classic Physique Super Cup P.

1	27 Peter	Joseph (Int.)	4
2	15 Van Meensel	Kenzo	5

Bifbb Gyms / Teams Ranking

Personal Health Plan Oostende

Pl. N° Classic Bodybuilding S. C. P.

1	28 Van Wesemael	Jurgen (Int.)	3
2	23 Laribi	Sami	6

Bifbb Gyms / Teams Ranking

Gym 11 Hemiksem

Pl. N° Wellness Fitness Super Cup P.

1	77 De Smet	Mania (Int.)	3
---	------------	--------------	---

Bifbb Gyms / Teams Ranking

Fitness Eeklo

Pl. N° Bikini Fitness Super Cup P.

1	78 Mashikhina	Alina (Int.)	3
2	73 Adriaenssens	Kelly	6
3	74 De Spiegeleer	Dorine	9

Bifbb Gyms / Teams Ranking

Personal Health Plan Oostende

Team Antonio

Team Henno

All Overall Women: Alina Mashikhina (7 votes) Bikini Fitness Php

All Overall Men: Joseph Peter (4 votes) Classic Physique Php

Special Prices:

1 World Championships package deal	All Overall Women	FitFashion/Heracles Super Cup
1 World Championships package deal	All Overall Men	FitFashion/Heracles Super Cup
200 € Coupon My Nutrisupply	Bikini Fitness -23	FitFashion
200 € Coupon Evolution	Bikini Fitness	FitFashion
200 € Coupon Stick Grips	Classic Physique	FitFashion
200 € Coupon Stick Grips	Classic Bodybuilding	FitFashion
200 € Coupon Nutritech	Fit Model Men	FitFashion
200 € Coupon Evolution	Fit Model Women	FitFashion
200 € Coupon House of Nutrition.be	Muscular Physique	FitFashion
200 € Coupon Heracles Westerlo	Men's Physique Overall -23 (-21/-23)	FitFashion
200 € Coupon Qnt	Men's Physique Overall	FitFashion
200 € Coupon My Nutrisupply	Classic Bodybuilding	Heracles Super Cup
200 € Coupon My Nutrisupply	Classic Physique	Heracles Super Cup
200 € Coupon My Nutrisupply	Bikini Fitness	Heracles Super Cup
200 € Coupon Nutritech	Wellness Fitness	Heracles Super Cup
Smilezz kit to All Overall winners		
Each Athlete: A free goodie bag by: Bolero, Performance, Muskel & CocoVite		
200 € Cheque from BIFBB to	Rode Kruis Westerlo	

Organized by: Roy Emzagros

Mc & Head Judge: André Wouters

Judges: Sigi Segers, Fabi Antoine, Ratchy Sornbutr, Patrick Alleman, Ronny Vermeulen,
Jos Desmet & Suzy Van Overloop

Backstage: Thomas Thys, Victor Nastase & John Van Leeuwarden

BIFBB Press: Amir Ahmadi ABC Creative House, Rudy Versmessen & Jo Lammens,



Vzw BIFBB Belgium Asbl / Belgium Interfederal Fitness & Bodybuilding Federation

info@ifbbbelgium.be

www.ifbbbelgium.be

FitFashion / Heracles Super Cup 06/10/2019

Results Bifbb Gyms / Teams

1 Personal Health Plan	Oostende	86
2 No Limit	Koekelaere	51
3 Fitness	Eeklo	36
4 Team Henno		26
5 Team Antonio		24
6 Heracles	Westerlo	12
7 Bill Richardson	Borgerhout	7
7 Gym 11	Hemiksem	7
9 Do It	Turnhout	5
9 Gym Mansion	Bertem	5

Thanks to our partners sponsors

Stick Grips

My Nutrisupply

Insurance Pegasus

Coco Vite

Abc Creative House

Heracles Fitness- Bowling Westerlo

Fit IntoThe Frame

Wellness Nutrition Doornik

Columbus Group

Bolero Drinks & Things

House of Nutrition

Smilezz

Gym Mansion Bertem

No Limit Koekelaere

Do It Turnhout

Muscle

Powerhouse Helchteren

Panatta Cirquels

Mywebcompany.be

Nutritech

La Marca

Evolution

Qnt

Team Roel Henno

Fitness Eeklo

Team Jennifer Teuwen Brussels

Bifbb Belgium



Vzw BIFBB Belgium Asbl / Belgium Interfederal Fitness & Bodybuilding Federation

info@ifbbbelgium.be

www.ifbbbelgium.be